



## Program Information

## MPH | Public Health Nutrition Colorado State University | Fort Collins, CO

### Application Deadline

:: January 15

### Program Contact

:: Kendra Bigsby, MPH  
Assistant Director  
[kendra.bigsby@colostate.edu](mailto:kendra.bigsby@colostate.edu)

### Program Competencies

- :: Conduct nutritional needs assessments and gather nutritional epidemiological data
- :: Apply biological principles when developing and implementing nutritional programs
- :: Incorporate principles of human behavior change in nutrition interventions
- :: Monitor and evaluate the effectiveness of nutrition interventions and modify interventional approaches as needed to improve nutritional outcomes

Appropriate nutrition is recognized as one of the key pillars of human health and well-being. Given the global public health issues of chronic diseases such as obesity, diabetes, food safety, and malnutrition, well-trained public health nutrition professionals are needed both in the U.S. and abroad.

The 42 credit hour Masters of Public Health in Public Health Nutrition at the Colorado State University campus will prepare you to develop and implement policy changes to help ensure availability of nutrient dense foods among underserved populations, develop nutritional interventions via community-based participatory research, and provide education on healthy food choices.

Curriculum	Credits
MPH Core Courses	17
Public Health Nutrition Core Courses	13
Public Health Nutrition Electives	2-3
General Electives	6
Practicum	2
Capstone	2
Total Program Credits	42

By pursuing your degree in Public Health Nutrition, you will develop the skillsets that help you obtain a career in a variety of public and private settings including, but not limited to: community health centers, community agencies, health departments, and non-governmental organizations.

Visit the program website for a complete schedule of course requirements, course offerings, and competencies: [publichealth.colostate.edu](http://publichealth.colostate.edu).