

CSU MPH - Physical Activity and Healthy Lifestyles 2016-17

Student Name: _____ CSU ID: _____

Telephone: _____ CU ID: _____

Email: _____

CORE COURSES (Total of 21 credits)

Completed	Semester	ColoradoSPH at CSU	Credits	Title	ColoradoSPH at CU	ColoradoSPH at UNC	Trnsfr
<input type="checkbox"/>		PBHC 5160	2	Public Health Foundations ¹	PUBH 6600	NA	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 5500	3	Applied Behavior Change Theory	CBHS 6610	CHBH 5090	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 5200	3	Health Systems, Management and Policy (CU/UNC)	HSMP 6601	CHBH 6350	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 5300	3	Environmental Public Health & Policy	EHOH 6614	CHBH 5500	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 5700	3	Epidemiology for Public Health	EPID 6630	CHBH 6200	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 5600/ EDRM 6060	3	Quantitative Methods in Public Health	BIOS 6601	CHBH 6120	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 6860	2	Practicum			<input type="checkbox"/>
<input type="checkbox"/>		PBHC 6980	2	Capstone Project			<input type="checkbox"/>

21

¹Students can request to waive the Public Health Foundations course requirement if they feel they have gained an overview of public health through previous experience and/or coursework. Students should contact the CSU Academic Support Coordinator to inquire about this process.

FOCUS/CONCENTRATION/ELECTIVE COURSES (Total of 21 credits)

Completed	Semester	ColoradoSPH #	Credits	Title	Trnsfr
-----------	----------	---------------	---------	-------	--------

Physical Activity Healthy Lifestyles Required Course - 3 credits

<input type="checkbox"/>		PBHC 6920	3	Physical Activity and Public Health	<input type="checkbox"/>
--------------------------	--	-----------	---	-------------------------------------	--------------------------

Program Planning and Evaluation Core - Min. of 3 credits (max of 6 credits will count towards degree)

Program Planning Courses (max of 3 cr. of planning courses may count towards degree).

<input type="checkbox"/>		HESC 6500	3	Health Promotion Programming	<input type="checkbox"/>
<input type="checkbox"/>		HDFS 6080	3	Program Planning and Implementation	<input type="checkbox"/>
<input type="checkbox"/>		CHBH 6100	3	Program Planning and Evaluation (UNC)	<input type="checkbox"/>
<input type="checkbox"/>		*CBHS 6613	3	Program Planning and Implementation (CU)	<input type="checkbox"/>

Program Evaluation courses (max of 3 cr. of evaluation courses may count towards degree).

<input type="checkbox"/>		HDFS 6090	3	Prevention Program Evaluation	<input type="checkbox"/>
<input type="checkbox"/>		*CBHS 6612	3	Methods in Research Evaluation (CU)	<input type="checkbox"/>
<input type="checkbox"/>		CHBH 6150	3	Methods in Public Health Research & Eval (UNC)	<input type="checkbox"/>

***Other (see note below)

<input type="checkbox"/>		FSHN 6200	3	Community Nutrition Planning and Eval	<input type="checkbox"/>
--------------------------	--	-----------	---	---------------------------------------	--------------------------

Health Communication Requirement- min. 3 credits (additional credits will count as electives)

<input type="checkbox"/>		JTCM 6300	3	Health Communication	<input type="checkbox"/>
<input type="checkbox"/>		JTCM 6140	3	Public Communication Campaigns	<input type="checkbox"/>
<input type="checkbox"/>		CBHS 6628	3	Technology Based Health Promotion (CU)	<input type="checkbox"/>

Physical Activity and Healthy Lifestyles Electives - min. 6 credits (additional credits count as electives)

<input type="checkbox"/>		FSHN 5000	2	Food Systems, Nutrition and Food Security	<input type="checkbox"/>
<input type="checkbox"/>		*FSHN 5200	3	Medical Nutrition Therapy	<input type="checkbox"/>
<input type="checkbox"/>		FSHN 5250	2	Nutrition Education Theories and Practice	<input type="checkbox"/>
<input type="checkbox"/>		FSHN 6200	3	Community Nutrition Planning and Eval	<input type="checkbox"/>
<input type="checkbox"/>		FSHN 6400	2	Selected Topics in Nutritional Epidemiology	<input type="checkbox"/>
<input type="checkbox"/>		*FSHN 6500	2	Recent Dev in Human Nutrition - Protein	<input type="checkbox"/>
<input type="checkbox"/>		*FSHN 6501	2	Recent Dev in Human Nutrition - Macro	<input type="checkbox"/>
<input type="checkbox"/>		*FSHN 6502	2	Recent Dev in Human Nutrition - Genome	<input type="checkbox"/>
<input type="checkbox"/>		*FSHN 6600	2	Women's Issues in Lifecycle Nutrition	<input type="checkbox"/>
<input type="checkbox"/>		HESC 6450	3	Epidemiology of Health and Physical Activity	<input type="checkbox"/>
<input type="checkbox"/>		HESC 6951	1 to 18	Independent Study - Exercise Science	<input type="checkbox"/>

<input type="checkbox"/>		HESC 6961	1 to 18	Group Study	<input type="checkbox"/>
<input type="checkbox"/>		JTCM 6700	3	Social Processes of Risk	<input type="checkbox"/>
<input type="checkbox"/>		ETHS 5100	3	Ethnicity, Race & Health Disparities	<input type="checkbox"/>
<input type="checkbox"/>		HDFS 5920	3	Grant Writing	<input type="checkbox"/>
<input type="checkbox"/>		PBHC 6920	1 to 3	Public Health Seminar (PAHL related)	<input type="checkbox"/>
<input type="checkbox"/>		PSYC 6000	3	Health Psychology	<input type="checkbox"/>
<input type="checkbox"/>		CHBH 5250	3	Contemporary Issues in School Health (UNC)	<input type="checkbox"/>
<input type="checkbox"/>		CHBH 5330	3	Phys. Activity Intervention in Comm. (UNC)	<input type="checkbox"/>
<input type="checkbox"/>		CBHS 6614	1	Childhood Obesity (CU)	<input type="checkbox"/>
<input type="checkbox"/>					<input type="checkbox"/>
<input type="checkbox"/>					<input type="checkbox"/>

*Please note that these classes have prerequisites. If you have not completed the prerequisite coursework you will need to contact the instructor for permission to take the course.

General Electives - 6 credits (can include courses listed above)

<input type="checkbox"/>					<input type="checkbox"/>
<input type="checkbox"/>					<input type="checkbox"/>
<input type="checkbox"/>					<input type="checkbox"/>
<input type="checkbox"/>					<input type="checkbox"/>

Minimum of 42 credits required to graduate

*** FSHN 6200 can be paired with any other CSU course option in the Program Development section, but not a CU or UNC course. FSHN 6200 cannot be paired with: CHBH 6100, CBHS 6613, CBHS 6612, and CHBH 6150.

Concentration Course Pre-Reqs

*CBHS 6612-*Research Methods and Evaluation*: Core Biostatistics and Epidemiology Course

*CBHS 6613-*Program Planning and Implementation*: CBHS 6611- Foundations of Health Behavior AND CBHS 6612 - Research Methods and Evaluation (in no particular order)

Elective Course Pre-Reqs

*FSHN 5200-*Medical Nutrition Therapy*: FSHN 550- Advanced Nutrition Sciences I OR FSHN 551- Advanced Nutrition Sciences II

*FSHN 6501- *Recent Dev. In Human Nutrition-Protein*: FSHN 550- Advanced Nutrition Sciences I

*FSHN 6502- *Recent Dev. In Human Nutrition-Macro*: FSHN 551- Advanced Nutrition Sciences II

*FSHN 6503- *Recent Dev. In Human Nutrition-Genome*: FSHN 551- Advanced Nutrition Sciences II

*FSHN 6600- *Women’s Issues in Lifecycle Nutrition*: 300-level human nutrition course OR instructors permission.

*HESC 6100- *Exercise Bioenergetics*: biochemistry OR 300-level human nutrition course; & physiology course

*HESC 6300- *Integrative Exercise and Nutr. Metabolism*: FSHN 551- Advanced Nutrition Sciences II & HES 610-Exercise Bioenergetics