

CSU MPH - Physical Activity and Healthy Lifestyles 2017-18

Student Name: _____ CSU ID: _____

Telephone: _____ CU ID: _____

Email: _____

CORE COURSES (Total of 21 credits)

| Completed | Semester | ColoradoSPH at CSU | Credits | Title | ColoradoSPH at CU | ColoradoSPH at UNC | Trnsfr |
|--------------------------|----------|-------------------------|---------|--|-------------------|--------------------|--------------------------|
| <input type="checkbox"/> | | PBHC 5160 | 2 | Public Health Foundations ¹ | PUBH 6600 | NA | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5500 | 3 | Applied Behavior Change Theory | CBHS 6610 | CHBH 5090 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5200 | 3 | Health Systems, Management and Policy (CU/UNC) | HSMP 6601 | CHBH 6350 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5300 | 3 | Environmental Public Health & Policy | EHOH 6614 | CHBH 5500 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5700 | 3 | Epidemiology for Public Health | EPID 6630 | CHBH 6200 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 5600/ EDRM 6060 | 3 | Quantitative Methods in Public Health | BIOS 6601 | CHBH 6120 | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6860 | 2 | Practicum | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6980 | 2 | Capstone Project | | | <input type="checkbox"/> |

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¹Students can request to waive the Public Health Foundations course requirement if they feel they have gained an overview of public health through previous experience and/or coursework. Students should contact the CSU Academic Support Coordinator to inquire about this process.

FOCUS/CONCENTRATION/ELECTIVE COURSES (Total of 21 credits)

| Completed | Semester | ColoradoSPH # | Credits | Title | Trnsfr |
|-----------|----------|---------------|---------|-------|--------|
|-----------|----------|---------------|---------|-------|--------|

Physical Activity Healthy Lifestyles Required Course - 3 credits

| | | | | | |
|--------------------------|--|-----------|---|-------------------------------------|--------------------------|
| <input type="checkbox"/> | | PBHC 6920 | 3 | Physical Activity and Public Health | <input type="checkbox"/> |
|--------------------------|--|-----------|---|-------------------------------------|--------------------------|

Program Planning and Evaluation Core - Min. of 3 credits (max of 6 credits will count towards degree)

Program Planning Courses (max of 3 cr. of planning courses may count towards degree).

| | | | | | |
|--------------------------|--|------------|---|--|--------------------------|
| <input type="checkbox"/> | | HESC 6500 | 3 | Health Promotion Programming | <input type="checkbox"/> |
| <input type="checkbox"/> | | HDFS 6080 | 3 | Program Planning and Implementation | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 6100 | 3 | Program Planning and Evaluation (UNC) | <input type="checkbox"/> |
| <input type="checkbox"/> | | *CBHS 6613 | 3 | Program Planning and Implementation (CU) | <input type="checkbox"/> |

Program Evaluation courses (max of 3 cr. of evaluation courses may count towards degree).

| | | | | | |
|--------------------------|--|------------|---|--|--------------------------|
| <input type="checkbox"/> | | HDFS 6090 | 3 | Prevention Program Evaluation | <input type="checkbox"/> |
| <input type="checkbox"/> | | *CBHS 6612 | 3 | Methods in Research Evaluation (CU) | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 6150 | 3 | Methods in Public Health Research & Eval (UNC) | <input type="checkbox"/> |

***Other (see note below)

| | | | | | |
|--------------------------|--|-----------|---|---------------------------------------|--------------------------|
| <input type="checkbox"/> | | FSHN 6200 | 3 | Community Nutrition Planning and Eval | <input type="checkbox"/> |
|--------------------------|--|-----------|---|---------------------------------------|--------------------------|

Health Communication Requirement- min. 3 credits (additional credits will count as electives)

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|--------------------------|--|-----------|---|--|--------------------------|
| <input type="checkbox"/> | | JTCM 6300 | 3 | Health Communication | <input type="checkbox"/> |
| <input type="checkbox"/> | | JTCM 6140 | 3 | Public Communication Campaigns | <input type="checkbox"/> |
| <input type="checkbox"/> | | CBHS 6628 | 3 | Technology Based Health Promotion (CU) | <input type="checkbox"/> |

Physical Activity and Healthy Lifestyles Electives - min. 6 credits (additional credits count as electives)

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|--------------------------|--|------------|---------|--|--------------------------|
| <input type="checkbox"/> | | FSHN 5000 | 2 | Food Systems, Nutrition and Food Security | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 5200 | 3 | Medical Nutrition Therapy | <input type="checkbox"/> |
| <input type="checkbox"/> | | FSHN 5250 | 2 | Nutrition Education Theories and Practice | <input type="checkbox"/> |
| <input type="checkbox"/> | | FSHN 6200 | 3 | Community Nutrition Planning and Eval | <input type="checkbox"/> |
| <input type="checkbox"/> | | FSHN 6400 | 2 | Selected Topics in Nutritional Epidemiology | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6500 | 2 | Recent Dev in Human Nutrition - Protein | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6501 | 2 | Recent Dev in Human Nutrition - Macro | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6502 | 2 | Recent Dev in Human Nutrition - Genome | <input type="checkbox"/> |
| <input type="checkbox"/> | | *FSHN 6600 | 2 | Women's Issues in Lifecycle Nutrition | <input type="checkbox"/> |
| <input type="checkbox"/> | | HESC 6450 | 3 | Epidemiology of Health and Physical Activity | <input type="checkbox"/> |
| <input type="checkbox"/> | | HESC 6951 | 1 to 18 | Independent Study - Exercise Science | <input type="checkbox"/> |

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|--------------------------|--|-----------|---------|--|--------------------------|
| <input type="checkbox"/> | | HESC 6961 | 1 to 18 | Group Study | <input type="checkbox"/> |
| <input type="checkbox"/> | | JTCM 6700 | 3 | Social Processes of Risk | <input type="checkbox"/> |
| <input type="checkbox"/> | | ETHS 5100 | 3 | Ethnicity, Race & Health Disparities | <input type="checkbox"/> |
| <input type="checkbox"/> | | HDFS 5920 | 3 | Grant Writing | <input type="checkbox"/> |
| <input type="checkbox"/> | | PBHC 6920 | 1 to 3 | Public Health Seminar (PAHL related) | <input type="checkbox"/> |
| <input type="checkbox"/> | | PSYC 6000 | 3 | Health Psychology | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 5250 | 3 | Contemporary Issues in School Health (UNC) | <input type="checkbox"/> |
| <input type="checkbox"/> | | CHBH 5330 | 3 | Phys. Activity Intervention in Comm. (UNC) | <input type="checkbox"/> |
| <input type="checkbox"/> | | CBHS 6614 | 1 | Childhood Obesity (CU) | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |

*Please note that these classes have prerequisites. If you have not completed the prerequisite coursework you will need to contact the instructor for permission to take the course.

General Electives - 6 credits (can include courses listed above)

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|--------------------------|--|--|--|--|--------------------------|
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |
| <input type="checkbox"/> | | | | | <input type="checkbox"/> |

Minimum of 42 credits required to graduate

*** FSHN 6200 can be paired with any other CSU course option in the Program Development section, but not a CU or UNC course. FSHN 6200 cannot be paired with: CHBH 6100, CBHS 6613, CBHS 6612, and CHBH 6150.

Concentration Course Pre-Reqs

*CBHS 6612-*Research Methods and Evaluation*: Core Biostatistics and Epidemiology Course

*CBHS 6613-*Program Planning and Implementation*: CBHS 6611- Foundations of Health Behavior AND CBHS 6612 - Research Methods and Evaluation (in no particular order)

Elective Course Pre-Reqs

*FSHN 5200-*Medical Nutrition Therapy*: FSHN 550- Advanced Nutrition Sciences I OR FSHN 551- Advanced Nutrition Sciences II

*FSHN 6501- *Recent Dev. In Human Nutrition-Protein*: FSHN 550- Advanced Nutrition Sciences I

*FSHN 6502- *Recent Dev. In Human Nutrition-Macro*: FSHN 551- Advanced Nutrition Sciences II

*FSHN 6503- *Recent Dev. In Human Nutrition-Genome*: FSHN 551- Advanced Nutrition Sciences II

*FSHN 6600- *Women’s Issues in Lifecycle Nutrition*: 300-level human nutrition course OR instructors permission.

*HESC 6100- *Exercise Bioenergetics*: biochemistry OR 300-level human nutrition course; & physiology course

*HESC 6300- *Integrative Exercise and Nutr. Metabolism*: FSHN 551- Advanced Nutrition Sciences II & HES 610-Exercise Bioenergetics